



# SCORE CARD

We're so glad you're up for the challenge! To make it as easy as possible, use this worksheet to keep track of your progress. Record either weight or volume of wasted food. During weeks 2-4, implement the SMART tool that is mentioned. Notice as time passes what works to help you reduce food waste and what doesn't.

1

## WEEK 1: Get SMARTER — Do What You Normally Do

Weight or Volume of wasted food \_\_\_\_\_

What went to waste and why:

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2

## WEEK 2: Shop SMARTER and Start using "Eat First" Basket

Weight or Volume of wasted food \_\_\_\_\_

What went to waste and why:

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3

## WEEK 3: Prep SMARTER

Weight or Volume of wasted food \_\_\_\_\_

What went to waste and why:

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4

## WEEK 4: Store It SMARTER

Weight or Volume of wasted food \_\_\_\_\_

What went to waste and why:

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**“ WOW! WHAT A GREAT CHALLENGE. I WAS SURPRISED AT MY FIRST WEEK OF DATA ON HOW MUCH I WASTED AND PROUD OF MYSELF FOR THE IMPROVEMENTS. FOR ME, THE 'EAT FIRST' BIN IS WHAT MADE THE BIGGEST DIFFERENCE. ”**